



[www.vfwpost9473.org](http://www.vfwpost9473.org)

Volume XVIII

August 2009

Issue 2

### Commander's Corner

I want to thank everyone who participated in the Fourth of July parade that was held in Reynoldsburg. I was very impressed with the Color Guard, the Ladies Auxiliary, the Men's Auxiliary and the Canteen staff for the fine spread that was waiting for us when we returned, thanks for the fine job that you all did.

By the time you receive this newsletter the picnic will be fast approaching, we still could use volunteers to help. Every little bit helps, so thank you in advance for helping out at the picnic.

As I settle in for the upcoming year, the Post still has some projects left that still need completed, we have cut down the two trees behind the Post that were leaning towards the back end of the Canteen, that is taken care of. We will need a new a/c condenser installed and the ductwork in the attic repaired, we are currently on this, so hopefully by the time you receive this it will be done. There is other stuff going on as well. If you have any other ideas, we have a suggestion box outside the Commanders office and or come to the house committee meeting and express your suggestions...

Upcoming events:

1 Aug 09 National Home visit

8 Aug 09 Picnic

9 15-20 Aug 09 National Convention

Health brief for the month of August is stroke warning signs.

\*Sudden numbness or weakness of the face, arm, or leg, especially on one side of the body.

\*Sudden confusion, trouble speaking or understanding.

\*Sudden trouble seeing in one or both eyes.

\*Sudden trouble walking, dizziness, loss of balance or coordination.

\*Sudden, severe headache with no known cause.

Be prepared for an emergency, keep a list emergency rescue service numbers next to the telephone and in your pocket, wallet or purse. Find out which area hospitals are primary stroke centers that have 24-hour emergency stroke care. Know in advance which hospital or medical facility is nearest to you.

\*Take action in an emergency.

Not all the warning signs occur in every stroke. Don't ignore signs of stroke, even if they go away. Check the time. When did the first warning sign or symptom start. You'll be asked this important question later. If you have one or more stroke symptoms that last more than a few minutes, don't delay! Immediately call 9-1-1 or the EMS so then can come quick to you. If you're with someone who may be having stroke symptoms, call 9-1-1 or the EMS. Expect the person to protest, denial is common. Don't take no for an answer. Insist on taking prompt action.

Yours in Comradeship, **Larry Brown**





## Ladies Auxiliary President

I want to say Thank you to all the wonderful Ladies Auxiliary members that participated in the 4th of July parade, what great support you showed me and your Auxiliary, 18 members present including myself. Thanks also for the assistance in set up and clean up at the Post for the potluck style buffet. A Thank You also goes to the next generation of men & ladies auxiliary members [the children] who assisted in the set up & clean up. "Wonderful job!!"

Please mark your calendars for the upcoming Post Annual \*Picnic\* Saturday August 8th. Commander Larry Brown and I need your support in assisting with this event. There are sign-up sheets in the foyer when you walk in, please take a few minutes to see what you can be available to do. With your assistance we can have a successful and fun time.

The 4th Sunday of August is the Chillicothe V A hospital. If you can spare a few hours that day come join us. If you can make donations of coffee, sugar, creamer, sweet-n low, bottled water, pop, or snacks it would be very much appreciated by the Veterans. You can drop off your donation at the Post.

Support your National Home by continuing to bring in those Campbell Soup and Swanson labels. These labels assist the many different programs for our military children and their families.

In closing, may GOD bless our troops and their families.

**Zonna Moehl** President (614) 506-1979

## Color Guard

Dates for this month:

August 3rd—Color Guard Meeting-7:30 PM @ Post

August 14th—Color Guard Steak Dinner, be at Post @ 5PM

August 19th—Wing Night at the Post @ 5 PM

If you need to reach me: Home 740-862-4404, Fax-same #. Email:

[tracks024@yahoo.com](mailto:tracks024@yahoo.com) or leave a message at the Post.



Semper Fi

**Steve Trimmer—Color Guard Capt.**

## Greetings from the #9473 Men's Aux.

Greetings again from the VFW Post 9473 Men's Auxiliary. This years Fourth of July Parade honored our Veterans by designating VFW Post 9473 as Grand Marshal. The officers of our Auxiliary were out marching with other members of the Post. Thanks to the Color Guard who loaned us a flag, poles and rifles. We hope to be part of other Post events.

Our Fish Fry continues to be a popular night at the Post. We serve a two piece ocean perch, hush puppies, fries, cole slaw and a dessert for \$6.00. This is a great value and always cooked fresh. Bring your relatives and friends out to enjoy this dinner.

Our membership recruitment program is still in effect. By referring a new member you can win a \$25.00 gas card each quarter. You then will be entered in the end of year drawing of a \$50.00 gas card. Please tell your friends and family who may be eligible for membership.



## **Ron Stake** President

## Canteen Manager

Well ya know that we have beer and brats on the 2nd Wednesday and have wings on the 3rd Wednesday. The canteen now has hot-dogs for a buck. We will be adding small food items to our menu.

We have a new Juke Box to download music, come out and give it a try! We are also making long needed improvements to the rest-rooms.

Let's not forget the picnic, all the Canteen staff will be on duty that day. Hopefully this will make everything faster and smoother for all to enjoy.

God bless our troops!

**Terri Wilhelm-Canteen Mgr.**



# August 2009



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3  Color Guard Mtg	4	5	6  House Committee 7:30 PM	7  Ladies Aux. Dinner TBA	8  ANNUAL POST PICNIC
9	10  Ladies Aux Mtg. 6:30 PM	11  Post Member Mtg. 7:30 PM	12  Men's Aux. Burgers & Brats	13	14  Color Guard Steak Cook Out	15
16	17	18	19 Color Guard Wing Nite	20	21  Mens Aux. Fish Fry—Mtg Follows	22
23  V A Hospital Visit	24	25	26	27	28  Canteen Dinner TBA	29
30	31					

# ANNUAL POST PICNIC

August 8, 2009

Noon til 6 PM

Please join us for an afternoon of Fun, Food, and Friendship

Volunteers still needed to cook, clean, and serve. Please sign up at the Post.

It has been my honor to serve 9473 for the past three years as service officer. Over this time I have done my best to provide all members with good and strong advice and assistance. Unfortunately, there are some members who have not asked for my assistance or advice when they need information on issues as VA medical systems, claims processing and the Veterans Service Commission. These issues are why I am the Service Officer. My background is simple, I was trained by the D.A.V. certified in 1995. I also have spent weeks at Cleveland sitting with adjudicators and rating boards.

I was also a 2 time state officer with the D.A.V., when asked 3 years ago to act as service officer I took the job because taking care of our veterans and their families is my personal way to pay forward and insure they all get their benefits.

In closing, the VA health system is not charity and the veterans service committee is not either. These are rights given to us and our families as we served our country in a time of need.

If for any reason you or you family has any questions about your rights and benefits please call me 614-506-1974 or stop me in the post. I will call you back and gladly make time for you.

A wise man once said "There is no such thing as a stupid question - just the one never asked".

God Bless our comrades in arms and may they return safe. Mike Moehl

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We support the local Scout Troop #826 and other community charity functions.

Support your local VFW Post and VFW Ohio Charities.

Post email address: [vfwpost9473@wowway.com](mailto:vfwpost9473@wowway.com)

VFW Post #9473—Telephone Number 614-861-3891 Fax 614-861-3032

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DATED MATERIAL PLEASE DO NOT DELAY

Reynoldsburg VFW Post #9473  
1420 S. Waggoner Rd.  
P. O. Box 608  
Reynoldsburg, Ohio 43068